

For what shall it profit a man, though he should win the whole world, if he

lose his soul? I	Mark 8:36 Phillips
• The ess	sential ingredient to win the Game of Life?
•	s a child of God has the power to win against the world. It is ins the victory against the world. 1 John 5:4 ICB
1	UP
	we are surrounded by such a huge crowd of witnesses to Hebrews 12:1a NLT
Noah _	
Abraha	am
Moses	
Rahab	
2	UP
easily hinders o	f every weight that slows us down, especially the sin that so our progress. And let us run with endurance the race that ore us. Hebrews 12:1b NLT
• Two	essential questions to ask myself:
	?

5	UP
his children? He you, and don't disciplines thos	tirely forgotten the encouraging words God spoke to you, e said, "My child, don't ignore it when the Lord disciplines be discouraged when he corrects you. ⁶ For the Lord e he loves, and he punishes those he accepts as his ews 12:5, 6 NLT
Your word is a la	emp to my feet and a light for my path. Psalms 119:105 NIV
6	UP
_	t our earthly fathers who disciplined us, should we not all ally submit to the discipline of our heavenly Father and live s 12:8 NLT
• •	vise, you will be the one to benefit. If you scorn wisdom, ne to suffer. Proverbs 9:12 NLT
7	UP
You have become	weak, so <u>make yourselves</u> strong again. Hebrews 12:12 NCV
better return for	accomplish more than twice as much as one; they get a their labor. ¹⁰ If one person falls, the other can reach out ople who are alone when they fall are in real trouble. Ecclesiastes 4:9, 10 NLT

UP

You struggle against sin, but your struggles haven't killed you.

were just shadow boxing. 1 Corinthians 9:26 GWT

We do this by keeping our eyes on Jesus, on whom our faith depends from start to finish....³Think about all he endured when sinful people did such terrible things to him, so that you don't become weary and give up. Hebrews 12:2,3 NLT

So I run--but not without a clear goal ahead of me. So I box--but not as if I

Like an athlete I punish my body, treating it roughly, training it to do what

it should, not what it wants to. Otherwise, I fear that after enlisting others for the race, I myself might be declared unfit and ordered to stand aside.

Hebrews 12:4 GWT

1 Corinthians 9:27 LB

Additional Notes:	Reflecting on todays message
	What touched my heart?
	What is God asking me to do?
	What should I change this week?
	Who else needs to hear this message?