



*I know what you're like! But I will heal you, lead you, and give you comfort, until those who are mourning start singing my praises. Isaiah 57:18 CEV*

**WHAT DO I NEED TO RECOVER FROM?**

- |                 |            |               |                       |
|-----------------|------------|---------------|-----------------------|
| Overworking     | Overeating | Alcohol/Drugs | Sexual addictions     |
| Grief           | Guilt      | Anger/Rage    | Fear/Anxiety          |
| Codependency    | Insecurity | Perfectionism | Abuse                 |
| Hypochondria    | Lying      | Overspending  | Controlling           |
| Procrastination | Gambling   | Divorce       | Hurtful relationships |

**THE FIRST STEP TO R.E.C.O.V.E.R.Y. IS TO...**

**Realize I am \_\_\_\_\_! – And because of this realization...**

*“I admit I'm powerless to control my tendency to do the wrong thing and my life is unmanageable.”*

*I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate. <sup>16</sup> I know perfectly well that what I am doing is wrong... But I can't help myself, because it is sin inside me that makes me do these evil things... No matter which way I turn, I can't make myself do right. I want to, but I can't. Romans 7: 15-17 LB*

**THE CAUSE OF MY PROBLEM?**

**My sinful \_\_\_\_\_ . - I want to be \_\_\_\_\_ !**

**My desire to be God results in my:**

- Disengaging from the real God.
- Displacing God.
- Demanding control
  - I try to control my \_\_\_\_\_.
  - I try to control my \_\_\_\_\_.
  - I try to control my \_\_\_\_\_.
  - I try to control other \_\_\_\_\_.

**THE CONSEQUENCES OF MY CHOICE TO PLAY GOD.**

**1. I EXPERIENCE \_\_\_\_\_.**

*When the king of Israel read the letter, he tore his clothes in fear and shouted, 'That Syrian king believes I can cure this man of leprosy! Does he think I'm God with power over life and death? He must be trying to pick a fight with me.' 2 Kings 5:7 CEV*

**2. I EXPERIENCE \_\_\_\_\_ RELATIONSHIPS.**

*Make this your common practice: Confess your sins to each other and pray for each other so that you can live together whole and healed. James 5:16 MP*

**3. I EXPERIENCE \_\_\_\_\_.**

*My dishonesty made me miserable and filled my days with frustration. Psalms 32:3 TLB*

*It seems to be a fact of life that when I want to do what is right, I inevitably do what is wrong ... something else deep within me ... is at war with my mind and wins the fight and makes me slave to the sin... Romans 7:21, 23 TLB*

**4. I EXPERIENCE \_\_\_\_\_.**

*When I refused to admit my wrongs, I was miserable, moaning and complaining all day long so that even my bones felt brittle. <sup>4</sup> Day and night, Your hand kept pressing on me. My strength dried up like water in the summer heat; You wore me down. <sup>5</sup> When I finally saw my own lies, I owned up to my sins before You, and I did not try to hide my evil deeds from You. I said to myself, "I'll admit all my sins to the Eternal," and You lifted and carried away the guilt of my sin. Psalms 32:4-5 VOICE*

**5. I EXPERIENCE \_\_\_\_\_.**

*You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you Proverbs 28:13 GNB*

**THE CURE FOR MY PROBLEM**

**Genuine \_\_\_\_\_ - I admit that I cannot make it alone!**

*God goes against the willful proud; God gives grace to the willing humble. James 4:6 MP*

**GRACE IS GOD'S \_\_\_\_\_.**

*Blessed [spiritually prosperous, happy, to be admired] are the poor in spirit [those devoid of spiritual arrogance, those who regard themselves as insignificant], for theirs is the kingdom of heaven [now and forever]. Matthew 5:3 AMP*

**Notes:**

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**Reflecting on todays message...**

**What touched my heart?**

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**What is God asking me to do?**

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**What should I change this week?**

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**Who else needs to hear this message?**

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